

Simplify your life

in 30 days Minimalist Guide

<p>Day 1</p> <p>Prepare donation and maybe bins</p>	<p>Day 2</p> <p>Gather all your clothes and sort into 3 piles – keep, donate, maybe</p>	<p>Day 3</p> <p>Donate clothes</p>	<p>Day 4</p> <p>Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>	<p>Day 5</p> <p>Gather shoes and sort into 3 piles – keep, donate, maybe</p>
<p>Day 6</p> <p>Donate shoes. Tuck away <i>maybe</i> pile for 2-4 months. After a few months, reassess</p>	<p>Day 7</p> <p>Gather purses, wallets, bags, luggages.</p>	<p>Day 8</p> <p>Donate bags. Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>	<p>Day 9</p> <p>Time to tackle jewelry. Sort into 3 piles – keep, donate, maybe</p>	<p>Day 10</p> <p>Donate jewelry. Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>
<p>Day 11</p> <p>Gather makeup and skin care products. Sort into 3 piles – keep, donate, maybe</p>	<p>Day 12</p> <p>Donate bags. Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>	<p>Day 13</p> <p>Gather electronics, wires, and chargers. Sort into 3 piles – keep, donate, maybe</p>	<p>Day 14</p> <p>Donate electronics. Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>	<p>Day 15</p> <p>Gather books and magazines. Sort into 3 piles – keep, donate, maybe</p>
<p>Day 16</p> <p>Donate books. Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>	<p>Day 17</p> <p>Gather paper items, bills, documents. Sort into 3 piles – file, recycle, needs attention</p>	<p>Day 18</p> <p>Recycle any paper items instead of throwing it in the trash. File away important docs and address the “needs attention pile”</p>	<p>Day 19</p> <p>Gather towels, sheets, wash cloths. Sort into 3 piles – keep, donate, maybe</p>	<p>Day 20</p> <p>Donate linen. Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>
<p>Day 21</p> <p>Tackle junk drawers. Sort into 3 piles – keep, donate, maybe</p>	<p>Day 22</p> <p>Gather kitchen appliances. Sort into 3 piles – keep, donate, maybe</p>	<p>Day 23</p> <p>Donate appliances. Store <i>maybe</i> pile into a box. Tuck away for 2-4 months. After a few months, reassess</p>	<p>Day 24</p> <p>Organize pantry and fridge. Compost what you can.</p>	<p>Day 25</p> <p>Time to tackle the garage</p>
<p>Day 26</p> <p>Sort out cleaning products. Do not dump in sink</p>	<p>Day 27</p> <p>Time to tackle the furniture and home decor</p>	<p>Day 28</p> <p>Sort through photos. Scan what you can</p>	<p>Day 29</p> <p>Sentimental items</p>	<p>Day 30</p> <p>Time to clean</p>